

ASTROCAMP VA SUMMER MENU

	Monday	Tuesday	Wednesday	Thursday
Breakfast				
		Eggs GF	Eggs GF	Eggs GF
		Sausage Links GF	Sausage Patties GF	Sausage Links GF
		Potatoes GF	Tator Tots GF	Potatoes GF
		Waffles	Pancakes	French Toast
		Banana Bread	Cinnamon Rolls	Mini Muffins
		Veg Sausage	Veg Sausage	Veg Sausage
		Vegan Pancake	Vegan Pancake	Vegan Pancake
		GF Pancake	GF Pancake	GF Pancake
Lunch				
		Corn Dogs	Pizza	Hamburgers GF
		Veggie Dogs	Cheese	Veggie Burgers
		French Fries GF	Pepperoni	French Fries GF
		Mac & Cheese		
		Soups		
		Salad Bar	Salad Bar	Salad Bar
		GF Hot Dog / Bun	GF Pizza	GF Bun
Dinner				
	Spaghetti	Baked Chicken GF	Taco Meat GF	Baked Chicken GF
	Baked Pasta	Chicken nuggets	Pinto Beans GF	Chicken Tenders
	Meatballs	Rice GF	Cheese Enchilada	Mashed Potato GF
	Marinara Sauce GF	Broccoli GF	Chicken Taquito GF	Corn GF
	Green Beans GF	Corn GF	Spanish Rice GF	Stir-Fry Veggies GF
	Garlic toast	Biscuits	Fritos GF	Dinner Rolls
	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Vegan Meatballs	Vegan Nuggets	Vegan Taco meat GF	Vegan Nuggets
	GF Pasta		GF Corn tortilla	
	GF Meatballs			
Dessert	Cookies	Ice Cream GF	Rice Crispy Treat GF	Pudding GF
	GF Cookie			

ASTROCAMP VA SUMMER MENU

Friday	Saturday	Sunday
Eggs GF	Eggs GF	Eggs GF
Sausage Patties GF	Sausage Links GF	Sausage Patties GF
Tator tots GF	Potatoes GF	Tator Tots GF
French Toast Stix	Waffles	Pancakes:
Danish	Cinnamon Rolls	Mini Muffins
Veg Sausage	Veg Sausage	Veg Sausage
Vegan Pancake	Vegan Pancake	Vegan Pancake
GF Pancake	GF Pancake	GF Pancake
Sack Lunch	Hot Dogs GF	Sack Lunch
Turkey Sandwich	French Fries GF	Turkey Sandwich
Chips GF	Veggie Dogs	Chips GF
Oreos	Mac & Cheese	Oreos
Lemonade		Lemonade
	Salad Bar	
GF Sandwich	GF Bun	GF Sandwich
Spaghetti	Baked Chicken GF	
Baked Pasta	Chicken nuggets	
Meatballs	Rice GF	
Marinara Sauce GF	Broccoli GF	
Green Beans GF	Corn GF	
Garlic toast	Biscuits	
Salad Bar	Salad Bar	
Vegan Meatballs	Vegan Nuggets	
GF Pasta		
GF Meatball		
Cookies	Ice Cream GF	
GF Cookie		

ASTROCAMP/CAMP MOTORSPORTS SUMMER NUMBERS

DATES	STAFF	CAMPERS	TOTAL	
6/4 - 6/10	KITCHEN STOCK FREIGHT DELIVERY			
6/11- 6/17	0	0	0	KITCHEN CLEANING/PREP/STOCKING
6/18 - 6/24	12	10	22	
6/25 - 7/1	30	0	30	
7/2 - 7/8	30	0	30	
7/9 - 7/15	30	55	85	
7/16 - 7/22	30	50	80	
7/23 - 7/29	30	30	60	
7/30 - 8/5	30	45	75	
8/6 - 8/12	30	45	75	
8/12 - 8/19	15	0	15	KITCHEN CLOSES THIS WEEK